

Aloha Katalina,

Thank you for making the effort to contact me and giving me an opportunity to share with you what a delight it has been to use The Guinea Show in our preschool. It has been so appropriate and as it turns out, the arrival of the DVD was perfectly timed.

We are so grateful that someone has finally been able to address the very real challenge of getting small children to eat nutritious foods. Feeding two-year-olds provides a particular challenge since many begin preschool shortly after being dependent on a bottle for most of their nutrition. While some of the older preschoolers often eat a lot of snack foods that albeit are portable and convenient, are loaded with extra sugar and lack nutrition.

On a busy day, Ke Aloha Ho'okahi Preschool served approximately 50 children ages 2 to 5. We approached Foodland Farms to develop a pilot lunch program with for our preschoolers. The preschool lunches prepared by Foodland put a fresh twist on lunch time by re-inventing school lunches. We've been pleased to offer kid-friendly lunches which always include a fresh veggie and fresh cut fruit.

Each day before lunch is served, the children gather to wait while teachers set up nap time things (blankets & "snugglies") and wash up little hands as they prepare to eat lunch. One teacher usually reads a story or uses an activity to help the children focus, while the other teachers set out the lunches. It's the perfect time to watch the Guinea Show video!

The most amazing thing we discovered was that Guinea Pigs ate the same fruits and vegetables that Foodland included in the preschool lunches. It was the perfect validation we needed to confirm the success of our new lunch program. Carrots, broccoli, cucumber and apple slices were suddenly popular choices for our preschoolers. The realization, "If Guineas like it, we like it too!" has made our lunch time a wonderful time of food discovery for young timid eaters. Hooray!!

Thank you, Katalina for creating your innovative program. It is a great way for very young eaters to gain exposure to healthy nutrition. Don't stop now, we want more of the Guinea Show! We eagerly await your next video!

Mahalo,

Naomi K.  
Preschool Director  
Ke Aloha Ho'okahi Preschool